

KS3 Current Ed4Life Overview

	Autumn 1	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Relationships: Understanding me and what effects my life. <ul style="list-style-type: none"> - Rights & responsibilities - Empathy/Sympathy - Children's rights - Prejudice, Discrimination & bullying Health & Wellbeing <ul style="list-style-type: none"> - Relationships affect mental health. - Dealing with stress - 	Respectful Relationships – Racism <ul style="list-style-type: none"> - Diverse Britain - BLM - Racism in football - Similarities & Differences in people - Radicalisation and extremism - 	Alcohol & Drugs <ul style="list-style-type: none"> - Legal/Illegal drugs - Different types of drugs - Impact on mental health - Classification & Penalties of drugs - Effect on social situations and relationships. 	Social Influences <ul style="list-style-type: none"> - Assertiveness - Rule of law - Gangs - Gang Culture - Consequences of carrying a weapon 	Healthy Lifestyles <ul style="list-style-type: none"> - Physical exercise and personal hygiene - Healthy eating choices - What is a balanced lifestyle - Online safety - My responsibilities for keeping safe and healthy.
Year 8	Relationships and Sex <ul style="list-style-type: none"> - -Stereotypes of girls and boys - -Body Image and the media - - Self Esteem - -Desirable qualities of a relationship - - LGBTQ+ - - Relationships and Marriage - - Sex, Consent and the law - - STI's - Teenage Pregnancy - Contraception	Financial Sustainability & The 10X (Tenner Challenge) Challenge <ul style="list-style-type: none"> - Career Pathways - Importance of money - Budgeting - Life choices impact financial outcomes - Entrepreneurs & Business - Writing a business plan for Tenner Challenge - Products/Advertising 		Careers <ul style="list-style-type: none"> - Career Pathways - Transferable Skills and Careers - Skills and attributes that employers value - Setting goals and aspirations - Writing a CV - Take your child to work day 	First Aid <ul style="list-style-type: none"> - Introduction of International Red Cross - Basic First Aid skills - First Aid Champions